



**POSITION TITLE:** MHA Storyteller (Formerly called MHA Ambassador)  
**MINIMUM COMMITMENT:** 1 year; 1 speaking engagement/quarter  
**HOURS:** Flexible (highest volume of requests during fall, United Way campaign)  
**IMMEDIATE SUPERVISOR:** Development Director

**POSITION SUMMARY:**

MHA Storytellers are individuals with direct personal/family experience with mental health diagnoses and hopeful recovery stories. Ideally, Storytellers will also have benefited from MHA’s programs and services and be able to provide testimonials to our mission impacts. Storytellers complete orientation about MHA’s mission, vision and history, and are trained to share the message that prevention works, treatment is effective and recovery is possible. The desired result is a stronger connection between MHA and the community we serve, and the reduction of the stigma of discussing and getting treatment for mental illnesses.

**RESPONSIBILITIES:**

- Represent the MHA as a valuable agency within the community for promoting mental wellness through advocacy, prevention and education.
- Help people understand the normalcy of mental illness and break the stigma associated with it.
- Willingness to share a personal story or your reason for being passionate about mental health.
- Maintain a positive and respectful attitude toward your audience.
- Understand and abide by MHA’s Code of Ethics and Trauma-Informed Care guidelines.
- Demonstrate reliability by arriving at all scheduled meetings and presentations as expected.
- Document all volunteer hours, as well as size and demographics of your audience, and submit following each speaking engagement.

**SKILLS, QUALIFICATIONS, AND REQUIREMENTS:**

- Must be at least 18 years of age or have parental approval
- Complete all paperwork and pass reference checks
- Complete Storyteller orientation, Mental Health First Aid and QPR suicide prevention trainings
- Compassionate, reliable, empathetic, patient

**BENEFITS:**

- Professional training
- Reference for job search
- Opportunity to use and develop talents
- Opportunity to share personal experience to benefit others
- Make significant contribution to community
- Opportunity to have fun while serving others

**CONTACT INFORMATION:** MHA: (704) 365-3454 or [atowner@mhacentralcarolinas.org](mailto:atowner@mhacentralcarolinas.org)